



PARLIAMENT OF NEW SOUTH WALES
LEGISLATIVE ASSEMBLY

FIRST SESSION OF THE FIFTY-SEVENTH PARLIAMENT

Community Recognition Statement

20 October 2020

KATE WORRELL

Ms SONIA HORNER (Wallsend) :

Death and grief are things that we all will experience at some stage in our lives and can be a very difficult thing for adults to talk about, especially to children.

New Lambton resident, Kate Worrall, created an illustrated storybook called Little Reminders, as a simple and non-confrontational way for children and their families to discuss and open up about loved ones who have passed away.

Kate created the storybook as a tool for her two sons to get to know their late grandmother, Debbie. She wanted her sons to know who Debbie was, and how much she would have loved them.

The storybook is able to be personalised to a specific loved one who has passed away by adding their name and photos to the book.

Kate's background in psychology and business gave her the skills and experiences she needed to publish a book to improve the wellbeing of children and their families who may have suffered a loss.

Thank you Kate, for assisting many families in dealing with such a hard and heartbreaking issue.